



LOVING VENETO

ESCURSION OF NORDIC WALKING

NORDIC WALKING IN NATURE

DURATION 6 hours approximately
departure at 10:00
meeting place to be arranged.

Choose with us the pathway of Nordic walking you want to take

A practice of the body and of the mind, that arouse a sensation of harmony that brings you to have a “connection with yourself “in easier way: by walking, observing and listening to the nature that surrounds you, it also permits a contact with our unconscious. After this activity, your body will thank you.

**transport can be arranged on request*

NORDIC WALKING IN THE CITY

DURATION 6 hours approximately
departure at 10:00
meeting place to be arranged.

Choose with us the pathway of Nordic walking you want to take

Nordic walking can be practiced in every type of ground: from the asphalt to the grass, from the concrete to the sand. If you want to try a different experience from Nordic walking in nature, you can visit with us a city or a village to discover the hidden beauties.

**transport can be arranged on request*

For info and prices: tours@lovingveneto.it

